

DAY 1 - NOVEMBER 21, 2019 (THURSDAY)

7:30 - 8:00 AM		OPENING CEREMONIES			
8:00 - 8:45 AM		Redirecting Our Focus on ASEAN Endocrine Needs Augusto D. Litonjua, MD (PHL)			
8:45 - 9:30 AM		Managing ASEAN Diabetes: Realities Beyond the Foreign Guidelines Siew Peng Chan, MD (MYS)			
9:30 - 10:15 AM		Precision Medicine: The Role of Asian Genomics on Diabetes Management Juliana Chan, MD (HK)			
10:15 - 10:30 AM		COFFEE BREAK			
10:30 - 11:45 AM		TRACK 1 SYMPO A MEETING ROOM 1	TRACK 2 SYMPO A SUMMIT C	TRACK 3 SYMPO A SUMMIT D	TRACK 4 SYMPO A SUMMIT E/F
		PEDIA ENDO			
	10:30-11:30	Managing Type 1 Diabetes Mellitus in the ASEAN Setting Maria Craig, MD (AUS)	Hormone and Non-Hormone Concerns for the Gender Incongruent Michael Villa, MD (PHL) Jose Narciso Melchor Sescon, MD (PHL)	Endocrine Management of Male Infertility Carolyn Allan, MD (AUS)	Case Management: Hypercalcemia Tjin-Shing Jap, MD (TWN)
		Managing Pediatric Disorders of Calcium and Phosphorus Metabolism Noriyuki Namba, MD (JAP)	Managing Androgen Decline in Aging Men Elizabeth Paz-Pacheco, MD (PHL)	Endocrine Management of Female Infertility Nemencio Nicodemus, Jr., MD (PHL)	Case Management: Hypocalcemia Than Than Aye, MD (MYN)
	11:30-11:45	OPEN FORUM	OPEN FORUM	OPEN FORUM	OPEN FORUM
11:45 - 12:30 PM		AFES ORAL PRESENTATION			
12:30 - 2:00 PM		LUNCH SYMPOSIUM A	LUNCH SYMPOSIUM B	LUNCH SYMPOSIUM C	LUNCH SYMPOSIUM D
2:00 - 2:45 PM		Thyroid Nodules: Simplifying the Complexities of Recommendations for Diagnosis and Treatment Susan Mandel, MD (USA)			
2:45 - 3:30 PM		Approaching Osteoporosis in the ASEAN Region Manju Chandran, MD (SIN)			
3:30 - 4:00 PM		COFFEE BREAK			
4:00 - 6:00 PM		TRACK 1 SYMPO B MEETING ROOM 1	TRACK 2 SYMPO B SUMMIT C	TRACK 3 SYMPO B SUMMIT D	TRACK 4 SYMPO B SUMMIT E/F
		THYROID SIMULTANEOUS SYMPOSIA			
	4:00-4:30	American Head and Neck Surgery (Endocrine Surgery) during AFES Congress	Software Guided Drug Dosing for Thyroid Disorders Melvin Khee Shing Leow, MD (SIN)	Ethanol Ablation for Thyroid Nodules Ho-Cheol Kang, MD (KOR)	Case Management: Thyroid Disease in Pregnancy Aimee Silva, MD (PHL)
	4:30-5:00		Levothyroxine Suppression For Benign Thyroid Nodules Cecilia Jimeno, MD (PHL)	Thyroid RFA: The Paradigm Shift From Surgery to Image-Guided Ablation of the Thyroid Nodule Hendra Zufry (IND)	Case Management: Recurrent Thyroid Cancer Roberto Mirasol, MD (PHL)
	5:00-5:30		Panel Discussion on Thyroid Therapeutics	Panel Discussion on Thyroid Therapeutics	Panel Discussion on Thyroid Therapeutics
	5:30-6:00		OPEN FORUM	OPEN FORUM	OPEN FORUM
4:00 pm - 4:15	Welcome, Introductions and Objectives Nitin Pagedar, MD				
4:15 pm - 4:40	Advances in Thyroid Surgery Marika Russell, MD (USA)				
4:40 pm - 5:05	Surgical Approach to Paragangliomas Nitin Pagedar, MD (USA)				
5:05 pm - 5:30	Pediatric Thyroid surgery Ken Kazahaya, MD (USA)				
5:30 pm - 6:00	Panel Discussion / Open Forum				
6:30 - 9:30 PM		DINNER SYMPOSIUM A			

DAY 2 - NOVEMBER 22, 2019 (FRIDAY)

6:30 - 8:00 AM		AFES BUSINESS MEETING				
8:00 - 8:45 AM		Management of Low Risk Thyroid Cancer David Cooper, MD (USA)				
8:45 - 9:30 AM		The Rice That Binds Us: Impact of Asian Diet on Endocrine Disorders Frank Hu, MD (USA)				
9:30 - 10:15 AM		The Diabetic Foot: From Biology to Psychology Andrew Boulton (UK) and Loretta Vileikyte, MD (UK)				
10:15 - 10:30 AM		COFFEE BREAK				
10:30 - 11:45 AM	10:30-11:30 AM	TRACK 1 SYMPO C	TRACK 2 SYMPO C	TRACK 3 SYMPO C	TRACK 4 SYMPO C	
		MEETING ROOM 1	SUMMIT C	SUMMIT D	SUMMIT E/F	
		JAFES		PITUITARY AND ADRENAL SYMPOSIA		
		How to Get Published in the JAFES Elizabeth Paz-Pacheco, MD (PHL)	Managing Hypopituitarism Raja C. Rajasoorya, MD (SIN)	Asian Neuroendocrine Tumors Zanariah Hussein, MD (MYS)	Case Management: Acromegaly Sjoberg Kho, MD (PHL)	
	The Peer Reviewer Experience David S. Cooper, MD (USA) FrancesLina Lantion-Ang, MD (PHL)	Managing Hyperaldosteronism Vivien Lim, MD (SIN)	Research and Endocrinology: Direction For Growth With The Endocrine Society Dale Abel, MD (USA)	Case Management: Prolactinoma Bien Matawaran, MD (PHL)		
11:30-11:45	OPEN FORUM	OPEN FORUM	OPEN FORUM	OPEN FORUM		
11:45 - 12:30 PM		AFES ORAL PRESENTATION				
12:30 - 2:00 PM		LUNCH SYMPOSIUM E	LUNCH SYMPOSIUM F	LUNCH SYMPOSIUM G	LUNCH SYMPOSIUM H	
2:00 - 2:45 PM		Obesity Amidst Poverty: Tackling the ASEAN Predicament Vivien Lim, MD (SIN)				
2:45 - 3:30 PM		The Impact of Phenotypes and Ethnicity in Polycystic Ovarian Syndrome (PCOS) Bulent Yildiz, MD (TUR)				
3:30 - 4:00 PM		COFFEE BREAK				
4:00 - 6:00 PM	4:00 - 4:45	TRACK 1 SYMPO D	TRACK 2 SYMPO D	TRACK 3 SYMPO D	TRACK 4 SYMPO D	
		MEETING ROOM 1	SUMMIT C	SUMMIT D	SUMMIT E/F	
		WORLDWIDE DIABETES SYMPOSIUM DURING AFES CONGRESS		METABOLIC SIMULTANEOUS SYMPOSIA		
		Diabetes During the Ramadan Zanariah Hussein, MD (MYS)	Understanding Time in Range with CGM Robert Vigersky, MD (USA)	Profiling Asian Dyslipidemia Ketut Swastika, MD (IND)	Linking Endocrine-Disrupting Chemicals (EDC) and Atherosclerosis Dong Sun Kim (KOR)	
	4:45-5:30	Lipid-Induced Insulin Resistance in Skeletal Muscles Mahinda Abeywardena, MD (AUS)	Diabetes and the Gut Microbiome Bulent Yildiz, MD (TUR)			
5:30-6:00	OPEN FORUM	OPEN FORUM	OPEN FORUM			
4:00-4:15	Welcome, Introductions and Objectives Andrew J.M. Boulton, MD, (UK)					
4:15-4:40	New Insights Into the Pathophysiology of Type 2 Diabetes Juliana Chan, MD (HK)					
4:40-5:05	How to Best Manage and Avoid Hypoglycemia in Your Type 2 Diabetes Patients Stephanie Amiel, MD (UK)					
5:05-5:30	The Decrease in Cardiovascular Risk with New Agents Based on Recent Cardiovascular Outcome Trials Jonathan Shaw, MD (AUS)					
5:30-6:00	Panel Discussion / Open Forum					
6:30 - 10:00 PM		AFES FELLOWSHIP NIGHT				

DAY 3 NOVEMBER 23, 2019 (SATURDAY)

8:00 - 8:45AM	Engaging the Asian Metabolic Diaspora Maria Rosario Araneta, MD (USA)
8:45 - 9:30 AM	Approaching Adrenal Tumors and Incidentalomas Jerome Bertherat, MD (FRA)
9:30 - 10:15 AM	Role of Altered Mitochondrial Dynamics in Cardiac Dysfunction, Obesity and Insulin Resistance Dale Abel, MD (USA)
10:15 - 10:30 AM	COFFEE BREAK
10:30 - 11:15 AM	Gestational Diabetes Beyond ASGODIP Joselynn Quimpo, MD (PHL)
11:15 AM	CLOSING CEREMONIES