


DAY 1 - NOVEMBER 21, 2019 (THURSDAY)

| 7:30 - 8:00 AM | | OPENING CEREMONIES | | | |
|------------------|---|--|---|---|--|
| 8:00 - 8:45 AM | | Redirecting Our Focus on ASEAN Endocrine Needs Augusto D. Litonjua, MD (PHL) | | | |
| 8:45 - 9:30 AM | | Managing ASEAN Diabetes: Realities Beyond the Foreign Guidelines Siew Peng Chan, MD (MYS) | | | |
| 9:30 - 10:15 AM | | Precision Medicine: The Role of Asian Genomics on Diabetes Management Juliana Chan, MD (HK) | | | |
| 10:15 - 10:30 AM | | COFFEE BREAK | | | |
| 10:30 - 11:45 AM | | TRACK 1 SYMPO A MEETING ROOM 1 | TRACK 2 SYMPO A SUMMIT C | TRACK 3 SYMPO A SUMMIT D | TRACK 4 SYMPO A SUMMIT E/F |
| | | PEDIA ENDO REPRODUCTIVE ENDOCRINOLOGY AND CALCIUM METABOLISM SYMPOSIA | | | |
| | 10:30-11:30 | Managing Type 1 Diabetes Mellitus in the ASEAN Setting Maria Craig, MD (AUS) | Hormone and Non-Hormone Concerns for the Gender Incongruent Michael Villa, MD (PHL) Jose Narciso Melchor Sescon, MD (PHL) | Endocrine Management of Male Infertility Carolyn Allan, MD (AUS) | Case Management: Hypercalcemia Tjin-Shing Jap, MD (TWN) |
| | | Managing Pediatric Disorders of Calcium and Phosphorus Metabolism Noriyuki Namba, MD (JAP) | Managing Androgen Decline in Aging Men Elizabeth Paz-Pacheco, MD (PHL) | Endocrine Management of Female Infertility Nemencio Nicodemus, Jr., MD (PHL) | Case Management: Hypocalcemia Than Than Aye, MD (MYN) |
| | 11:30-11:45 | OPEN FORUM | OPEN FORUM | OPEN FORUM | OPEN FORUM |
| 11:45 - 12:30 PM | | AFES ORAL PRESENTATION | | | |
| 12:30 - 2:00 PM | | LUNCH SYMPOSIUM A | LUNCH SYMPOSIUM B | LUNCH SYMPOSIUM C | LUNCH SYMPOSIUM D |
| 2:00 - 2:45 PM | | Thyroid Nodules: Simplifying the Complexities of Recommendations for Diagnosis and Treatment Susan Mandel, MD (USA) | | | |
| 2:45 - 3:30 PM | | Approaching Osteoporosis in the ASEAN Region Manju Chandran, MD (SIN) | | | |
| 3:30 - 4:00 PM | | COFFEE BREAK | | | |
| 4:00 - 6:00 PM | | TRACK 1 SYMPO B MEETING ROOM 1 | TRACK 2 SYMPO B SUMMIT C | TRACK 3 SYMPO B SUMMIT D | TRACK 4 SYMPO B SUMMIT E/F |
| | | THYROID SIMULTANEOUS SYMPOSIA | | | |
| | 4:00-4:30 | American Head and Neck Surgery (Endocrine Surgery) during AFES Congress | Software Guided Drug Dosing for Thyroid Disorders Melvin Khee Shing Leow, MD (SIN) | Ethanol Ablation for Thyroid Nodules Ho-Cheol Kang, MD (KOR) | Case Management: Thyroid Disease in Pregnancy Aimee Silva, MD (PHL) |
| | 4:30-5:00 | | Levothyroxine Suppression For Benign Thyroid Nodules Cecilia Jimeno, MD (PHL) | Thyroid RFA: The Paradigm Shift From Surgery to Image-Guided Ablation of the Thyroid Nodule Hendra Zufry (IND) | Case Management: Recurrent Thyroid Cancer Roberto Mirasol, MD (PHL) |
| | 5:00-5:30 | | Panel Discussion on Thyroid Therapeutics | Panel Discussion on Thyroid Therapeutics | Panel Discussion on Thyroid Therapeutics |
| | 5:30-6:00 | | OPEN FORUM | OPEN FORUM | OPEN FORUM |
| | | | | | |
| 4:00 pm - 4:15 | Welcome, Introductions and Objectives Nitin Pagedar, MD | | | | |
| 4:15 pm - 4:40 | Advances in Thyroid Surgery Marika Russell, MD (USA) | | | | |
| 4:40 pm - 5:05 | Surgical Approach to Paragangliomas Nitn Pagedar, MD (USA) | | | | |
| 5:05 pm - 5:30 | Pediatric Thyroid surgery Ken Kazahaya, MD (USA) | | | | |
| 5:30 pm - 6:00 | Panel Discussion / Open Forum | | | | |
| 6:30 - 9:30 PM | | DINNER SYMPOSIUM A | | | |

DAY 2 - NOVEMBER 22, 2019 (FRIDAY)

| | | | | | | |
|------------------|--|---|---|--|--|--|
| 6:30 - 8:00 AM | | AFES BUSINESS MEETING | | | | |
| 8:00 - 8:45 AM | | Management of Low Risk Thyroid Cancer David Cooper, MD (USA) | | | | |
| 8:45 - 9:30 AM | | The Rice That Binds Us: Impact of Asian Diet on Endocrine Disorders Frank Hu, MD (USA) | | | | |
| 9:30 - 10:15 AM | | The Diabetic Foot: From Biology to Psychology Andrew Boulton (UK) and Loretta Vileikyte, MD (UK) | | | | |
| 10:15 - 10:30 AM | | COFFEE BREAK | | | | |
| 10:30 - 11:45 AM | | TRACK 1 SYMPO C MEETING ROOM 1 | TRACK 2 SYMPO C SUMMIT C | TRACK 3 SYMPO C SUMMIT D | TRACK 4 SYMPO C SUMMIT E/F | |
| | 10:30-11:30 AM | JAFES | | PITUITARY AND ADRENAL SYMPOSIA | | |
| | | How to Get Published in the JAFES Elizabeth Paz-Pacheco, MD (PHL) | Managing Hypopituitarism Raja C. Rajasoorya, MD (SIN) | Asian Neuroendocrine Tumors Zanariah Hussein, MD (MYS) | Case Management: Acromegaly Sjoberg Kho, MD (PHL) | |
| | | The Peer Reviewer Experience David S. Cooper, MD (USA) Frances Lina Lantion-Ang, MD (PHL) | Managing Hyperaldosteronism Vivien Lim, MD (SIN) | Research and Endocrinology: Direction For Growth With The Endocrine Society Dale Abel, MD (USA) | Case Management: Prolactinoma Bien Matawaran, MD (PHL) | |
| | 11:30-11:45 | OPEN FORUM | OPEN FORUM | OPEN FORUM | OPEN FORUM | |
| 11:45 - 12:30 PM | | AFES ORAL PRESENTATION | | | | |
| 12:30 - 2:00 PM | | LUNCH SYMPOSIUM E | LUNCH SYMPOSIUM F | LUNCH SYMPOSIUM G | LUNCH SYMPOSIUM H | |
| 2:00 - 2:45 PM | | Obesity Amidst Poverty: Tackling the ASEAN Predicament Vivien Lim, MD (SIN) | | | | |
| 2:45 - 3:30 PM | | The Impact of Phenotypes and Ethnicity in Polycystic Ovarian Syndrome (PCOS) Bulent Yildiz, MD (TUR) | | | | |
| 3:30 - 4:00 PM | | COFFEE BREAK | | | | |
| 4:00 - 6:00 PM | | TRACK 1 SYMPO D MEETING ROOM 1 | TRACK 2 SYMPO D SUMMIT C | TRACK 3 SYMPO D SUMMIT D | TRACK 4 SYMPO D SUMMIT E/F | |
| | 4:00 - 4:45 | Worldwide Diabetes Symposium during AFES Congress | Diabetes During the Ramadan Zanariah Hussein, MD (MYS) | Profiling Asian Dyslipidemia Ketut Swastika, MD (IND) | Linking Endocrine-Disrupting Chemicals (EDC) and Atherosclerosis Dong Sun Kim (KOR) | |
| | 4:45-5:30 | | Understanding Time in Range with CGM Robert Vigersky, MD (USA) | Lipid-Induced Insulin Resistance in Skeletal Muscles Mahinda Abeywardena, MD (AUS) | Diabetes and the Gut Microbiome Bulent Yildiz, MD (TUR) | |
| | 5:30-6:00 | | OPEN FORUM | OPEN FORUM | OPEN FORUM | |
| 4:00-4:15 | Welcome, Introductions and Objectives Andrew J.M. Boulton, MD, (UK) | | | | | |
| 4:15-4:40 | New Insights Into the Pathophysiology of Type 2 Diabetes Juliana Chan, MD (HK) | | | | | |
| 4:40-5:05 | How to Best Manage and Avoid Hypoglycemia in Your Type 2 Diabetes Patients Stephanie Amiel, MD (UK) | | | | | |
| 5:05-5:30 | The Decrease in Cardiovascular Risk with New Agents Based on Recent Cardiovascular Outcome Trials Jonathan Shaw, MD (AUS) | | | | | |

DAY 3 NOVEMBER 23, 2019 (SATURDAY)

| | |
|------------------|---|
| 8:00 - 8:45AM | Engaging the Asian Metabolic Diaspora Maria Rosario Araneta, MD (USA) |
| 8:45 - 9:30 AM | Approaching Adrenal Tumors and Incidentalomas Jerome Bertherat, MD (FRA) |
| 9:30 - 10:15 AM | Role of Altered Mitochondrial Dynamics in Cardiac Dysfunction, Obesity and Insulin Resistance Dale Abel, MD (USA) |
| 10:15 - 10:30 AM | COFFEE BREAK |
| 10:30 - 11:15 AM | Managing Ectopic and Pituitary ACTH-Producing Tumours  Lynnette Nieman, MD (USA) |
| 11:15 - 12:00 NN | Gestational Diabetes Beyond ASGODIP Joselynna Quimpo, MD (PHL) |
| 12:00 NN | CLOSING CEREMONIES |