

PRECONGRESS - 20 NOVEMBER 2019 (WEDNESDAY) Leyte Room, Sofitel Philippine Plaza Manila		
ADVANCED THYROID ULTRASOUND - GUIDED BIOPSY WORKSHOP		
7:30 - 8:30	REGISTRATION	
8:30 - 8:35	Opening Remarks	Michael L. Villa, MD
8:35 - 8:45	Course Overview	Jovie Joy Manuel - Aguilar, MD
8:45 - 9:30	Thyroid Anatomy & Basic Ultrasound Techniques of Thyroid Evaluation	Jose Gil Archie V. Causing, MD
9:30 - 10:15	Nodules Evaluation & Indications for Biopsy	Roberto C. Mirasol, MD
10:15 - 10:45	Preoperative Preparation and Post-procedural Care	Sjoberg A. Kho, MD
10:45 - 11:45	Laboratory Work: Diagnostic Application and Work-up of Thyroid Nodules	Roberto C. Mirasol, MD Jose Gil Archie V. Causing, MD Sjoberg A. Kho, MD JeremyJones F. Robles, MD
11:45 - 12:45	LUNCH	
12:45 - 1:25	Thyroid Biopsy Techniques A - Basic Techniques (20 min) B - Novel Techniques (20 min)	Jeffrey Jeronimo P. Domino, MD Edison So, MD
1:25 - 2:00	Slide Preparation, Biopsy Reporting and Thyroid Pathology	Maria Lourdes L. Goco, MD
2:00 - 2:45	Radiofrequency Ablation	Hendra Zufry, MD
2:45 - 3:30	Percutaneous Ethanol Injection (PEI)	Ho-Cheol Kang, MD
3:30 - 4:30	Laboratory Work: Interventional Applications Ultrasound-guided biopsy and PEI	Jeffrey Jerome P. Domino, MD Edison So, MD Maria Lourdes L. Goco, MD Hendra Zufry, MD Ho-Cheol Kang, MD
4:30 - 4:45	Closing Ceremonies and Presentation of Certificates	JeremyJones F. Robles, MD

PRECONGRESS - 20 NOVEMBER 2019 (WEDNESDAY) Samar Room, Sofitel Philippine Plaza, Manila		
CONTINUOUS GLUCOSE MONITORING & INSULIN PUMP WORKSHOP		
7:30 - 8:30	REGISTRATION	
	OPENING CEREMONIES	
8:30 - 9:00	Prayer and Master Ceremonies	Carolyn Narvacan-Montano, MD
	Welcome Remarks	JeremyJones F. Robles, MD
9:00 - 10:00	Comprehensive Review of the Benefits of Continuous Glucose Monitoring	Maria Patricia Deanna Maningat-Goco, MD
10:00 - 10:15	BREAK/SNACK	
10:15 - 10:45	Technical Details and Features of the CGM Device	Joy Anabelle Castillo-Fontanilla, MD
10:45 - 11:45	Hands-on Training with the CGM Device	Faculty
11:45 - 12:15	Case Discussion: Utility of the CGMS in Clinical Practice	Vinaykumar Mukhekar, MD
12:15 - 1:00	LUNCH	
1:00 - 2:00	Understanding the Value of Insulin Pump in Clinical Practice	Monica Therese Cating-Cabral, MD
2:00 - 2:30	Technical Details and Features of the Insulin Pump	Joy Arabelle Castillo-Fontanilla, MD
2:30 - 3:15	Initiating Insulin Pump Therapy	Sioksoan Chan-Cua, MD
3:15 - 3:30	BREAK/SNACK	
3:30 - 4:00	Hands-on Training with the Insulin Pump	Faculty
4:00 - 4:30	Case Discussion on Insulin Pump: Tips on Adjusting Basal/Bolus	Vinaykumar Mukhekar, MD
4:30 - 4:45	Session Summary and Closing Remarks	Michael L. Villa, MD
	Words from the Sponsor	Medtronic

WELCOME DINNER / OPENING CEREMONIES
November 20, 2019 (Wednesday)
5:00 - 9:00PM
Sunset Pavilion, Sofitel Philippine Plaza, Manila

5:00 PM	Cocktails	
6:00 PM	OPENING CEREMONIES	
	Parade of Colors	AFES Countries Indonesia Malaysia Myanmar Philippines Singapore Thailand Vietnam
	Opening Prayers	Carolyn Narvacan-Montano, MD AFES2019 Congress Secretary
	Philippine National Anthem	
	Opening Remarks	Pepito E. DeLa Peña, MD AFES 2019 Congress President and Overall Chair PSEDM Past President
	Overview of the Congress	Jeremy Jones F. Robles, MD AFES 2019 Scientific Committee Chair PSEDM President
	Introduction of Keynote Speaker	Rosa Allyn G. Sy, MD Past President, PSEDM
	Keynote Address	Hon. Francisco Duque III, MD Secretary, Department of Health
	Cordial Message	Augusto D. Litonjua, MD Founding Member, AFES Founding President, PSEDM
	Awarding of Certificates of Appreciation	Pepito E. DeLa Peña, MD AFES 2019 Congress President and Overall Chair PSEDM Past President Jeremy Jones F. Robles, MD AFES 2019 Scientific Committee Chair PSEDM President
	JAFES AVP and Awarding of Top Peer Reviewers	Elizabeth Paz-Pacheco, MD Editor-in-chief, JAFES Past President, PSEDM
	Dinner / Entertainment	

Dr. Roberto C. Mirasol and Dr. Patricia B. Gatbonton
Master of Ceremonies

DAY 1 - NOVEMBER 21, 2019 (THURSDAY)					
7:30 - 8:00 AM		START OF REGISTRATION			
8:00 - 8:45 AM		Redirecting Our Focus on ASEAN Endocrine Needs Augusto D. Litonjua, MD (PHL)			
8:45 - 9:30 AM		Managing ASEAN Diabetes: Realities Beyond the Foreign Guidelines Siew Pheng Chan, MD (MYS)			
9:30 - 10:15 AM		Precision Medicine: The Role of Asian Genomics on Diabetes Management Juliana Chan, MD (HK)			
10:15 - 10:30 AM		COFFEE BREAK			
10:30 - 11:45 AM		TRACK 1 SYMPO A RECEPTION HALL	TRACK 2 SYMPO A SUMMIT C	TRACK 3 SYMPO A SUMMIT D	TRACK 4 SYMPO A SUMMIT E/F
		PEDIA ENDO		REPRODUCTIVE ENDOCRINOLOGY AND CALCIUM METABOLISM SYMPOSIA	
	10:30-11:30	Managing Type 1 Diabetes Mellitus in the ASEAN Setting Maria Craig, MD (AUS)	Hormone and Non-Hormone Concerns for the Gender Incongruent Michael Villa, MD (PHL) Jose Narciso Melchor Sescon, MD (PHL)	Endocrine Management of Male Infertility Carolyn Allan, MD (AUS)	An Update on the Management of Hypercalcemia Tjin-Shing Jap, MD (TWN)
		Managing Pediatric Disorders of Calcium and Phosphorus Metabolism Noriyuki Namba, MD (JAP)	Managing Androgen Decline in Aging Men Elizabeth Paz-Pacheco, MD (PHL)	Endocrine Management of Female Infertility Nemencio A. Nicodemus, Jr., MD (PHL)	Case Management: Hypocalcemia Than Than Aye, MD (MYN)
	11:30-11:45	OPEN FORUM	OPEN FORUM	OPEN FORUM	OPEN FORUM
11:45 - 12:30 PM		AFES ORAL PRESENTATION			
12:30 - 2:00 PM		LUNCH SYMPOSIUM A Zuellig Pharma (Eli Lilly) Reception Hall	LUNCH SYMPOSIUM B NovoNordisk Summit Hall C	LUNCH SYMPOSIUM C Servier Summit Hall D	LUNCH SYMPOSIUM D AstraZeneca Summit Hall E/F
2:00 - 2:45 PM		Thyroid Nodules: Putting the Tools Together Susan J. Mandel, MD (USA)			
2:45 - 3:30 PM		Approaching Osteoporosis in the ASEAN Region Manju Chandran, MD (SIN)			
3:30 - 4:00 PM		COFFEE BREAK			
4:00 - 6:00 PM		TRACK 1 SYMPO B RECEPTION HALL	TRACK 2 SYMPO B SUMMIT C	TRACK 3 SYMPO B SUMMIT D	TRACK 4 SYMPO B SUMMIT E/F
		THYROID SIMULTANEOUS SYMPOSIA			
	4:00-4:30	American Head and Neck Surgery (Endocrine Surgery) during AFES Congress	Software Guided Drug Dosing for Thyroid Disorders Melvin Khee Shing Leow, MD (SIN)	Percutaneous Ethanol Injection (PEI) Ho-Cheol Kang, MD (KOR)	Case Management: Thyroid Disease in Pregnancy Aimee A Silva, MD (PHL)
	4:30-5:00		Levothyroxine Suppression For Benign Thyroid Nodules Cecilia A. Jimeno, MD (PHL)	Thyroid RFA: The Paradigm Shift From Surgery to Image-Guided Ablation of the Thyroid Nodule Hendra Zufry (IND)	Case Management: Recurrent Thyroid Cancer Roberto C. Mirasol, MD (PHL)
	5:00-5:30		Panel Discussion on Thyroid Therapeutics	Panel Discussion on Thyroid Therapeutics	Panel Discussion on Thyroid Therapeutics
	5:30-6:00		OPEN FORUM	OPEN FORUM	OPEN FORUM
4:00 pm - 4:15	Welcome, Introductions and Objectives Nitin Pagedar, MD				
4:15 pm - 4:40	Advances in Thyroid Surgery Marika Russell, MD (USA)				
4:40 pm - 5:05	Surgical Approach to Paragangliomas Nitin Pagedar, MD (USA)				
5:05 pm - 5:30	Pediatric Thyroid surgery Ken Kazahaya, MD (USA)				
5:30 pm - 6:00	Panel Discussion / Open Forum				

DAY 2 - NOVEMBER 22, 2019 (FRIDAY)					
6:30 - 8:00 AM		AFES BUSINESS MEETING			
8:00 - 8:45 AM		Low Risk Thyroid Cancer David Cooper, MD (USA)			
8:45 - 9:30 AM		The Rice That Binds Us: Impact of Asian Diet on Metabolic and Endocrine Disorders Frank Hu, MD (USA)			
9:30 - 10:15 AM		The Diabetic Foot: From Biology to Psychology Andrew Boulton (UK) and Loretta Vileikyte, MD (UK)			
10:15 - 10:30 AM		COFFEE BREAK			
10:30 - 11:45 AM	10:30-11:30 AM	TRACK 1 SYMPO C RECEPTION HALL	TRACK 2 SYMPO C SUMMIT C	TRACK 3 SYMPO C SUMMIT D	TRACK 4 SYMPO C SUMMIT E/F
		GENERAL ENDOCRINOLOGY SYMPOSIA			
	Managing Hypopituitarism Raja C. Rajasoorya, MD (SIN)	Asian Neuroendocrine Tumors Zanariah Hussein, MD (MYS)	How to Get Published in the JAFES Elizabeth Paz-Pacheco, MD (PHL)	Case Management: Acromegaly Sjoberg A. Kho, MD (PHL)	
	Managing Hyperaldosteronism Vivien Lim, MD (SIN)	Research and Endocrinology: Direction For Growth With The Endocrine Society Dale Abel, MD (USA)	Use of Social Media for Journals and Researchers UP College of Medicine Johnny Pellicer Professorial Chair Lecture in Medical Informatics Iris Thiele C. Isip-Tan, MD (PHL)	Case Management: Prolactinoma Bien J. Matawaran, MD (PHL)	
	11:30-11:45	OPEN FORUM	OPEN FORUM	OPEN FORUM	OPEN FORUM
11:45 - 12:30 PM		AFES ORAL PRESENTATION			
12:30 - 2:00 PM		LUNCH SYMPOSIUM E	LUNCH SYMPOSIUM F	LUNCH SYMPOSIUM G	LUNCH SYMPOSIUM H
2:00 - 2:45 PM		Obesity Amidst Poverty: Tackling the ASEAN Predicament Vivien Lim, MD (SIN)			
2:45 - 3:30 PM		The Impact of Phenotypes and Ethnicity in Polycystic Ovarian Syndrome (PCOS) Bulent Yildiz, MD (TUR)			
3:30 - 4:00 PM		COFFEE BREAK			
4:00 - 6:00 PM	4:00 - 4:45	TRACK 1 SYMPO D RECEPTION HALL	TRACK 2 SYMPO D SUMMIT C	TRACK 3 SYMPO D SUMMIT D	TRACK 4 SYMPO D SUMMIT E/F
		METABOLIC SIMULTANEOUS SYMPOSIA			
	Managing Diabetes During the Ramadan Zanariah Hussein, MD (MYS)	Profiling Asian Dyslipidemia Ketut Swastika, MD (IND)	Endocrine-Disrupting Chemicals (EDC) as a risk for cardiovascular disease: Impact of Bisphenol A on development of Atherosclerosis Dong Sun Kim (KOR)		
	Turning the Tide of Diabetes: Global Efforts in Diabetes Prevention Through Lifestyle or Metformin Marinella Temprosa, MD (USA)	Lipid-Induced Insulin Resistance in Skeletal Muscles Mahinda Abeywardena, MD (AUS)	Gut Microbiome and Diabetes Bulent Yildiz, MD (TUR)		
	5:30-6:00	OPEN FORUM	OPEN FORUM	OPEN FORUM	
4:00-4:15	Welcome, Introductions and Objectives Andrew J.M. Boulton, MD, (UK)				
4:15-4:40	New Insights Into the Pathophysiology of Type 2 Diabetes Juliana Chan, MD (HK)				
4:40-5:05	How to Best Manage and Avoid Hypoglycemia in Your Type 2 Diabetes Patients Stephanie Amiel, MD (UK)				
5:05-5:30	The Decrease in Cardiovascular Risk with New Agents Based on Recent Cardiovascular Outcome Trials Jonathan Shaw, MD (AUS)				
5:30-6:00	Panel Discussion / Open Forum				
6:30 - 10:00 PM		AFES FELLOWSHIP NIGHT			

DAY 3 NOVEMBER 23, 2019 (SATURDAY)	
8:00 - 8:45AM	Engaging the Asian Metabolic Diaspora Maria Rosario Araneta, MD (USA)
8:45 - 9:30 AM	Approach to Adrenal Tumors and Incidentalomas Jerome Bertherat, MD (FRA)
9:30 - 10:15 AM	Role of Altered Mitochondrial Dynamics in the Pathophysiology of Obesity and Insulin Resistance and its Cardiovascular Complications Evan Dale Abel, MD (USA)
10:15 - 10:30 AM	COFFEE BREAK
10:30 - 11:15 AM	Managing Ectopic and Pituitary ACTH-Producing Tumours Lynette Nieman, MD (USA)
11:15 - 12:00 NN	ASEAN Gestational Diabetes Mellitus Beyond ASGODIP Joselynna A. Quimpo, MD (PHL)
12:00 NN	CLOSING CEREMONIES